

<p><b>Drop off time</b> 8:30 – 9:00</p>		<p>There will be various free play options such as puzzles, games, playdoh, books, children’s kitchen, Montessori toys, cars, dolls.</p>
<p><b>We are artists!</b> 9:00 – 9:30</p>		<p>We learn to express feelings and emotions through creativity and fantasy in arts &amp; crafts lessons.</p>
<p><b>We are healthy!</b> 9:30 – 10:00</p>		<p>We eat a healthy sugar free morning snack together.</p>
<p><b>We are learners!</b> 10:00 – 10:30</p>		<p>Daily morning circle lesson: -singing with simple musical instruments, rhyming, calendar, literacy, mathematics, phonics, topics of the yearly plan</p>
<p><b>We are farmers!</b> 10:30 – 11:30</p>		<p>Sandpit, water play, mud kitchen, organic gardening, nature observation, sport activities, yoga, hula hooping, volleyball, football, painting with chalk, free play</p>
<p><b>We are healthy!</b> 11:30 – 12:00</p>		<p>We eat a nutritious sugar-free home cooked lunch together and learn about healthy eating.</p>
<p><b>We are growing!</b> 12:00 – 12:30</p>		<p>During storytelling time we learn to concentrate, listen and improve our language skills. We read together and look at picture books.</p>
<p><b>We are grounded!</b> 12:30 – 14:00</p>		<p>We sing lullabies and give our body and minds a rest. We also do meditations, gong baths and reading with the older students.</p>
<p><b>We are healthy!</b> 14:00 – 14:30</p>		<p>We eat a nutritious sugar-free afternoon snack together.</p>
<p><b>Pick up time!</b> 14:30 - 15:00</p>		<p>Free play and pick-up time</p>